



| Time | Location | National CDs, Judges under the Expert's guidance | Material | Location | National Coaches under the Expert's guidance (Demo Riders to observe, perform) | Material |
|---|--|--|---|----------------|--|---|
| 08.00 | Welcome Coffee and Introduction (power point) | | | | | |
| 08.30 | Meeting room 1 | Theoretical session: Role of the Course Designer Role of the Judge | FEI Jumping Rules | Meeting room 2 | Theoretical session: (Expert explains) Role of the Jumping Coach | PPT Role of the Coach |
| 10.00 | Meeting room 1 | Theoretical session: How to Build a course? - General Factors that make the course easy or difficult - WHAT is the connection of the Training scale and the course design - Distances and speeds (acc. rules) - HOW the approach influences distances | Course Designer Entry level Module/ FEI Jumping Rules/ Steward Manual | Meeting room 2 | Theoretical session: (Expert explains) How to improve the Athlete's performance? Why to improve the balance of the Jumping Rider? How to improve the Balance? - Presentation-Explanation of the Exercises - Goals and method - Video | FEI Coaching Workbook Level 1 & 2 + DVDs (Jumping technical modules) |
| 11.30 | | - Different types of fences - Take-off and landing distances - Vision of the horse: colours, contrast, field of vision - Monocular an binocular vision - How to build correct fences? | | Jumping arena | Practical session: (Expert demonstrates) - Trotting poles - Gymnastic lines - Bounds | Fences/poles |
| 13.00 | LUNCH | | | | | |
| ALL TOGETHER (CDs, Judges, Coaches, Demo Riders) | | | | | | |
| 14.00 | Meeting room 1 | Theoretical combined session The FEI WCHA-S course plans - Case Studies (course plans: http://inside.fei.org/fei/events/fei-world-challenge/jumping/downloads) | FEI WCHA-S course plans Competition 1, 2, 3 | Meeting room 1 | Theoretical combined session: The FEI WCHA-S course plans - Case Studies | FEI WCHA-S course plans Competition 1, 2, 3 |
| 15.00 | Jumping arena | Practical combined session: Course building (focused on standard distances) - Design course plan in a competition arena - Build standard distance lines (4/5/6 strides) - Build different perfect types of fences | 2 Demo Rider/Horse combinations per exercise | Jumping arena | Practical combined session: (Coaches to coach) Control movement of: - The canter - The straightness of the horse - Regularity of the strides | 1 person to record the Demo Rider/Horse combinations on the different exercises |
| 17.30 | Meeting room all together | Debriefing including Course designers, Coaches and Demo Riders moderated by the Experts using the video recorded during practical coaching session as support | | | | |
| 18.30 | END | | | | | |



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| 08.30 | Meeting room 1 | Theoretical session: How to build bending and curved lines? How to plan a 3-day show? - Course Plans of the competition classes, combinations, first fence, Liverpool... How to increase the degree of difficulties day by day? | Course Designer Entry level Module/ Example of FEI WCHA-S videos of courses with bending and curved lines (available on YouTube) Example of Jumping course plans | Meeting room 2 | Theoretical session: (Expert explains) How to coach the control of strides in a relative distances? - How to adjust the strides of the horse and keep IMPULSION AND BALANCE | Level 1 + 2 FEI Coaching system Video competitions |
| | | | | Jumping arena | Practical session: (Expert demonstrates) Coach the control of strides in a relative distance? - Adjust the strides of the horse and keep IMPULSION AND BALANCE - Exercises and practical situations | 2 Demo Rider/Horse combinations per exercise |
| 12.30 LUNCH | | | | | | |
| ALL TOGETHER (CDs, Judges, Coaches, Demo Riders) | | | | | | |
| 13.30 | Jumping arena | Practical combined session: Course building (focused on bending and curved lines) - Design course plan in a competition arena - Build bending and curved lines | Show material 2 Demo Rider/Horse combinations per exercise | Jumping arena | Practical combined session : (Coaches to coach) Practical Coaching - How to improve the control of the direction? - How to control strides in bending lines? - How to control and adjust strides in curved lines? | 1 person to record the Demo Rider/Horse combinations on the different exercises |
| 17.30 | Meeting room all together | Debriefing including Course Designers, Coaches and Demo Riders moderated by the Experts using the video of the practical coaching as support | | | | |
| 18.30 END | | | | | | |



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| 08.30 | Meeting room 1 | Theoretical session: How to create a course for <ul style="list-style-type: none"> - 1.00-1.10m WCHA-S – Cat. C - 1.10-1.20m WCHA-S – Cat. B - 1.20-1.30m WCHA-S – Cat. A | | Meeting room 2 | Theoretical session: (Expert explains) How to improve the control in the different types of combinations? (double/triple) | Draft – Videos Competition |
| 10.00 | Jumping arena | Practical combined session: Course building <ul style="list-style-type: none"> - 1.00-1.10m WCHA-S – Cat. C - 1.10-1.20m WCHA-S – Cat. B - 1.20-1.30m WCHA-S – Cat. A | | Jumping arena | Practical combined session : (Expert demonstrates) Practical Coaching <ul style="list-style-type: none"> - How to improve the control in the different types of combinations? (double/triple) | 2 Demo Rider/Horse combinations per exercise |
| 12.30 | LUNCH | | | | | |
| 13.30 | Meeting room 1 | Preparation for the competition Format : 3 different technical levels <ul style="list-style-type: none"> - 1.00-1.10m WCHA-S – Cat. C - 1.10-1.20m WCHA-S – Cat. B - 1.20-1.30m WCHA-S – Cat. A | Flip Chart, FEI WCHA-S course plans | Meeting room 2 | Theoretical session continued: (Expert explains) <ul style="list-style-type: none"> - How to prepare for the competition? - How to coach during the competition? - How to prepare the warm-up? | Draft -Video competitions |
| ALL TOGETHER (CDs, Judges, Coaches, Demo Riders) | | | | | | |
| 15.00 | Jumping arena | Practical combined session: Course building Format: 3 different technical levels <ul style="list-style-type: none"> - 1.00-1.10m WCHA-S – Cat. C - 1.10-1.20m WCHA-S – Cat. B - 1.20-1.30m WCHA-S – Cat. A Each CD is in charge of preparing a course and/or a "section" of each different course | Show material | Jumping arena | Practical combined session : (Coaches to coach) Practical Coaching <ul style="list-style-type: none"> - Walk a course - Warm –up - Debriefing: Each Coach debrief with his/her Demo Rider | 2 Demo Rider/Horse combinations per exercise. 1 person to record the Combinations on the different exercises |
| 17.00 | Meeting room all together | Preparation for Competition Day 4 – Allocate the responsibilities to each actor Preparation of arena/ warm-up arena/ horse inspection/ Ground Jury box/ scheduling/ results/ prize-giving etc. NATIONAL JUMPING JUDGES must be included during the preparation. | | | | |
| 18.30 | END | | | | | |



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|----------|--|--|--------------|---------------|--|-------------------------------|
| 07.30 | Horse Inspection (practical) with National Jumping Judges | | | | | |
| 08.30 | Jumping arena | Course preparation - CDs to provide Course Plan with all information | | Jumping arena | 1. Walk the course 2. Warm-up Coaches prepare Rider/Horse combinations for competition, approx. 15 minutes per combination | |
| | Jumping arena | Competition - 1.00-1.10m level WCHA-S – Cat. C - 1.10-1.20m level WCHA-S – Cat. B - Judges to judge | Course plans | Jumping arena | Competition - 1.00-1.10m level WCHA-S – Cat. C - 1.10-1.20m level WCHA-S – Cat. B - 10 min per combination - 05 min feedback (Each Coach debrief with his/her Demo Rider) - '= 15 min each | Demo Rider/Horse combinations |
| | Jumping arena | Competition - 1.20-1.30m WCHA-S – Cat. A - Judges to judge | Course plans | Jumping arena | Competition - 1.20-1.30m WCHA-S – Cat. A - 10 min per combination - 05 min feedback (Each Coach debrief with his/her Demo Rider) - '=15 min each | Demo Rider/Horse combinations |
| Time tbc | Meeting room all together | FINAL Debriefing including National Jumping Judges, Course Designers, Coaches and Riders moderated by the Experts | | | | |
| Time tbc | END | | | | | |