

Time	Location	All participants under the Expert's guidance	Material	Explanation	DAY 1
09.00	<b>Welcome Coffee and Introduction (power point)</b>				
09.30	Meeting Room	<b>THEORETICAL SESSION:</b> <b>Goal of the programme, Methodology and Agenda</b>		The main goal of this module is based on the choice of the right ex-Racehorse.	
10.00	Meeting Room	<b>THEORETICAL SESSION:</b>  <b>A. History of the thoroughbred</b> <b>B. Characteristics of the ex-racehorse</b> - Mental, Physical, Lifestyle <b>C. How to choose the right horse:</b> - Conformations - Health - Mental - Common injuries <b>D. How to feed a thoroughbred :</b> - Type of diet and effect on the health - New diet effect and precautions	RTR Workbook, Videos, Pictures.		
12.30	<b>LUNCH</b>				
<b>ALL TOGETHER (Participants &amp; Technical Expert)</b>					
13.30	Meeting Room	<b>THEORETICAL SESSION:</b> - Case Studies: the different type of conformation of racehorses	Videos, Pictures		
14.30	Outdoor or indoor arena	<b>PRACTICAL SESSION:</b>  <b>A. The model</b> (Conformation) <b>B. The Paces</b> (Practical test) <b>C. The Character</b> (Practical test)	4/5 very different ex-racehorses. To lunge all horses with simple snaffle bit.	The practical session is organise with exercises to demonstrate: - The Conformation. - How to check the quality of the paces (trot in hand, on a circle with lunge) - How to evaluate the character on different situations, i.e.: walk on poles, walk on a tarp (blue or plastic), get in a horse van/trailer, etc.	
17.30	Meeting Room all together	<b>Debriefing</b> for all participants moderated by the Technical Expert using the video recorded during the practical sessions.			
18.00	<b>END</b>				

	Location	All the participants under the Expert's guidance	Material		Explanations	DAY 2
09.00	<b>Welcome Coffee</b>					
09.30	Racehorse training stable	<b>PRACTICAL SESSION:</b> <ul style="list-style-type: none"> <li>- Assess a variety of racehorses as potential horses for retraining</li> <li>- Discuss with some racehorses' Trainers</li> <li>- Identify the common racehorse injuries</li> </ul>	Horses, pictures, videos.		<ul style="list-style-type: none"> <li>- Visit a RACE TRACK Training Center to understand the situation,</li> <li>- Exchange with the racehorses' Trainers,</li> <li>- Observe the training and how the horses responds to the situation (stress, high level of physical activity, duration, intensity)</li> <li>- Learn how the horse is "conditioned" to be a racehorse.</li> </ul>	
11.30	Stable – Grooming Room	<b>Practical session:</b> <ul style="list-style-type: none"> <li>- Treatment of the common injuries</li> </ul>	Racehorses with different injuries.		An Equine Veterinarian is necessary during this stage to explain: <ul style="list-style-type: none"> <li>- How to detect injury</li> <li>- How to treat injuries on a long term plan.</li> </ul>	Equine Vet
12.30	<b>LUNCH</b>					
<b>ALL TOGETHER (Participants &amp; Technical Expert)</b>						
13.30	Outdoor or indoor arena	<b>PRACTICAL SESSION:</b> <ul style="list-style-type: none"> <li>- How to improve obedience, suppleness, Muscular development....by LUNGEING EXERCICES</li> <li>- How to use the different lungeing gears, i.e.: Gogue, Side reins, Chambon, Pessoa...</li> </ul>	4/5 Demo Horses (1 horse for 2 participants)  All ex-racehorses if possible		Practical exercises explained in the Workbook <ul style="list-style-type: none"> <li>- Lungeing</li> <li>- Long reins</li> <li>- Lungeing gears (Gogue, Side reins, Chambon, Pessoa, etc.)</li> </ul>	1 person to record the combinations on the different exercises
17.30	Meeting Room all together	<b>Debriefing</b> for all participants moderated by the Technical Expert using the video recorded during the practical sessions.				
18.00	<b>END</b>					

Time	Location	All the participants under the Expert's guidance	Material	Explanations	DAY 3
09.00	<b>Welcome Coffee</b>				
09.30	Meeting Room 1	<b>THEORETICAL SESSION:</b> <b>The Training scale for the ex-racehorses:</b> <ul style="list-style-type: none"> <li>- How to control paces, rhythm &amp; regularity?</li> <li>- How to control and improve straightness?</li> <li>- How to improve the balance of the horse?</li> </ul> <u>Through:</u> Transitions from paces to paces and transitions into the pace.	Videos of Flatwork Intro and Level 1 FEI Coaching Courses	It is very important to refer to the “classic Training Scale” but also to treat each horse as an individual (by adapting the Training Scale if necessary).  The different steps in the flatwork evolution need to follow the “ongoing training” describe in the RTR Workbook	
10.00	Outdoor or Indoor arena	<b>PRACTICAL SESSION: FLATWORK</b> <ul style="list-style-type: none"> <li>- The straightness in canter</li> <li>- The activity</li> <li>- The transitions</li> <li>- The bend</li> <li>- The rhythm and maintenance of balance</li> </ul>	Max. 10 Demo Horses with simple snaffle bit if possible. All ex-racehorses if possible	<ul style="list-style-type: none"> <li>- Organize flatwork exercises as demonstrated in the video : Intro and Level 1 FEI Coaching Courses</li> <li>- Explain the importance of the regularity of the paces and proceed in all the exercises with CALM</li> <li>- Pay attention to propose SIMPLE SITUATIONS and SHORT EXERCISES</li> </ul>	
11.30	Meeting Room	<b>Planning of a retraining programme for an Ex-Racehorse</b>	Examples, Draft		
12.30	<b>LUNCH</b>				
<b>ALL TOGETHER (Participants &amp; Technical Expert)</b>					
13.30	Meeting Room	<b>THEORETICAL SESSION:</b> <ul style="list-style-type: none"> <li>- Jumping Education and Training (for the horses)</li> <li>- How to use Jumping exercises? (basic level)</li> </ul>	Video Jumping exercises Level 1 FEI Jumping Coaching Course		1 person to record the Demo Rider/Horse combinations on the different exercises
15.00	Dressage arena	<b>PRACTICAL SESSION:</b> <b>Practical Jumping session (Basic exercises)</b> <ul style="list-style-type: none"> <li>- Trotting poles</li> <li>- First Gymnastic lines</li> <li>- First Jumps in canter</li> </ul>	Max. 10 Demo Horses with simple snaffle bit if possible. All ex-racehorses if possible		
17.30		<b>Debriefing</b> for all participants moderated by the Technical Expert using the video recorded during the practical coaching as support			
18.00	Meeting Room all together	<b>End of the Module 1</b> - Feedback from the participants - Explanation: How to prepare the next Module (2) and how to use the “Daily Training Journal” Between the Module 1 and Module 2.			
18.00	<b>END</b>				